

## Psychotherapeutic Research and Psychosomatic Practice

60th Working Conference of the German College for Psychosomatic Medicine (DKPM) and the 17th Annual Conference of the German Society for Psychosomatic Medicine and Medical Psychotherapy (DGPM)

We are pleased to invite you to the 60th Working Conference of the German College for Psychosomatic Medicine (DKPM) and the 17th Annual Conference of the German Society for Psychosomatic Medicine and Medical Psychotherapy (DGPM) which will be held from 18th to 21st March 2009 in Mainz.

In the spirit of the growing international collaboration and networking in our field, numerous symposia and most plenary lectures will be held in English. We present you the English track. (Whole program [www.dkpm.de/mainz2009](http://www.dkpm.de/mainz2009))

In striving to fulfill the demands of evidence-based and guideline-oriented medicine, psychotherapy research is increasingly gaining in significance for the practice of psychosomatic medicine. Currently, psychodynamic and behavioral therapy approaches to the treatment of a number of important disorders are being developed and evaluated in a series of collaborative multicenter studies in psychosomatic university clinics in Germany. These include trials on social phobia, eating disorders, somatoform disorders, and depression associated with physical illnesses. Together with international experts, questions pertaining to the differentiation and integration of methods, their specificity, the application of scientific results in therapeutic practice, professional training, and guidelines are discussed. We hope that this focal topic will help to facilitate the dialogue between psychotherapy research and the practice of psychosomatic medicine.

We are delighted that, for the very first time, it has been possible to enlist the cooperation of a number of psychosomatic, psychotherapeutic and psychiatric associations contributing to our conference program. We cordially invite English-speaking colleagues from Europe and beyond to participate in our conference.

M. E. Beutel

H.-C. Deter (DKPM-Chair)

M. Michal

Thomas Loew (DGPM-Chair)

## Registration and information Conference office and contact person for registration:

### Intercongress GmbH

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**Further Information and online booking or registration with fax under [www.dkpm.de/mainz2009](http://www.dkpm.de/mainz2009)**

## Conference fees

Registration	before / after 15.02.2009	Registration	before / after 15.02.2009
Regular	€ 230 / € 260	Day pass per day	€ 110 / € 130
Members DKPM/DGPM	€ 210 / € 240	Day pass Saturday	€ 30 / € 35
New members DKPM	€ 90 / € 100	Day pass for students	€ 40 / € 50
Creative therapists, nursing staff, parental leave	€ 150 / € 170	Continuing education course* (2 double blocks)	€ 25-30 / € 25-30
Psychotherapists in training, students	€ 110 / € 130	Continuing education course * (3 double blocks)	€ 40 / € 40
Conference banquet	€ 25 / € 30	* only in connection with conference registration fee	

## Deadlines

Early bird registration until → **15<sup>th</sup> February 2009**

Registration deadline for taking part in continuing education courses → **20<sup>th</sup> February 2009**

## Conference Venue

The conference will be held on the Johannes-Gutenberg-University campus in Mainz. The campus is close to the train station and the historic city center (public transportation).

## Traveling to Mainz

Due to its central location, proximity to Frankfurt am Main Airport, and high-speed ICE train connections, Mainz is easy to reach.

## Accommodation

An exclusive contingent of hotel rooms is available for conference participants. Rooms are primarily in a central location or in the immediate vicinity of the conference venue. Due to the restricted number of rooms reserved, early booking is recommended.

**Further information and online booking under [www.dkpm.de/mainz2009](http://www.dkpm.de/mainz2009)**

## Conference chairs

**Prof. Dr. Manfred E. Beutel,**  
**PD Dr. Matthias Michal**

Clinic for Psychosomatic Medicine and Psychotherapy  
Johannes-Gutenberg-University-Clinic  
Untere Zahlbacher Str. 8  
55131 Mainz

Photo: Peter Pulkowski

## Scientific program <sup>E</sup> (English Track only)

Below the English Track is presented. For further information about the whole program please have a look at [www.dkpm.de/mainz2009](http://www.dkpm.de/mainz2009)

### Wednesday, 18<sup>th</sup> March 2009

Please note, that on Wednesday there are no special English sessions except

**17.30 – 19.00**

**Get-together Poster session** with “Cheese & Wine”

### Thursday 19<sup>th</sup> March 2009

**08.30**

**Opening Adresses**

**09.00 – 10.30**

**Plenary session:**

Process and outcome in psychotherapy

**P. Fonagy (London, UK):** What works for whom?

**11.00 – 12.30**

**State of the art lecture:**

- International guidelines for medically unexplained symptoms (EACLPP)

**14.00–15.30**

**Scientific symposia:**

- Psychotherapy of Borderline Personality Disorders (DGPPN)
- Cardiovascular risks in the general population and intervention strategies – cardiological and psychosomatic perspectives

**16.00 –17.30**

**Scientific symposia:**

- Development of a New Generation of Patient-Reported Outcome (PRO) Measures

**17.45 – 19.15**

**Get-together Poster session** with “Cheese & Wine”

### Friday 20<sup>th</sup> March 2009

**08.30 –10.00**

**Plenary session:**

Psychotherapy in psychosomatic medicine

**R. Lane (Tucson, USA):**

Affect and psychotherapy

**10.30–12.00**

**Scientific symposia:**

- Evidence based psychosocial intervention that reduce somatic disease risk (ENPM/ISBM)

**12.00–13.30**

- Meet the editor

**13.30–15.00**

**Scientific symposia:**

- Psychoneuroallergology - main branch of psychosomatics

**15.30 –17.00**

**Scientific symposia:**

- DISCOS - "Disorders and Coherence of the Embodied Self" Embodiment as crucial interface of the biological and psychosocial approaches to the human self and its disorders

**17.15-18.15**

**Get-together Poster session** with “Cheese & Wine”

### Saturday 21<sup>st</sup> March 2009

**8.30 – 9.00**

**Awards ceremony**

**11.30 –12.30**

**Plenary session:**

Psychotherapy in somatic medicine

**D. Spiegel (Stanford, USA):**

“Mind over Matter” (Carus Lecture)

**12.30 –13.00**

**End of conference**

### Training courses in english

**Mini course in behavioral medicine and psychoneuroimmunology**

Do. 14:00-15:30  
u. 16:00-17:30,  
Fr. 15:30-17:00,  
Sa. 14:00-15:30

50  
Euro

**Y. Gidron** (Brunel University, West London, UK)

**Supportive Expressive Psychotherapy (SET) for cancer patients**

Sa. 14:00-15:30  
u. 16:00-17:30

30  
Euro

**D. Spiegel** (Stanford, USA),  
**W. Söllner** (Nürnberg, Germany)

Please note that additional registration is required for continuing education courses, as the number of participants is limited.