



UNIVERSITATEA DE MEDICINA SI FARMACIE IULIU HATIEGANU CLUJ  
SOCIETATEA ROMANA DE PSIHOSOMATICA APLICATA SI MEDICINA  
COMPORTAMENTALA  
SOCIETATEA ROMANA DE NEUROGASTROENTEROLOGIE

**INTERNATIONAL COURSE OF  
PSYCHOSOMATIC MEDICINE**

**CURS INTERNATIONAL  
DE MEDICINA PSIHOSOMATICA**

**CASA DE CULTURA A STUDENTILOR CLUJ  
6 MARTIE 2007/March 6, 2007**

CREDITAT DE COLEGIUL MEDICILOR SI AL PSIHOLOGILOR DIN  
ROMANIA/ CREDITED BY THE ROMANIAN COLLEGE OF PHYSICIANS  
AND OF PSYCHOLOGISTS

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SCIENTIFIC PROGRAMME

9h00

Opening, greetings

9h15

**SESSION I**

CHAIRPERSONS: LAWSON WULSIN, HANS CHRISTIAN DETER

9h15-9h45

Hans Christian Deter, Berlin, Germany. Psychosomatic medicine in Germany,

9h45-10h15

Julia Chung, Mary Reed, UCLA, USA. Psychosomatic medicine in a public academic hospital in Los Angeles

10h15-10h45

Ioan B Iamandescu, Bucharest. Applied psychosomatic medicine

10h45-11h15

Lawson Wulsin, Cincinnati, USA. The cardiovascular mortality of depression

11h15-11h30

COFEE BREAK

11h30

**SESSION II**

CHAIRPERSONS: RAMIRO VERISSIMO, SHIN FUKUDO

11h30-12h00

Nigel Beckett, Ruth Peters, London, UK: Very elderly hypertensives cognitive and psychosomatic baseline data from the HYVET trial.

12h00-12h30

Shin Fukudo, Tohoku, Japan. Emotion and brain-gut interactions

12h30-13h00

Ramiro Veríssimo, Porto, Portugal. Alexithymia: what is in a word?

LUNCH BREAK

15h00

### **SESSION III**

**CHAIRPERSONS: DANIEL DAVID, LAURENTIU NEDELCU**

15h00-15h20

Doina Cosman, Cluj: Quality of life in chronic diseases

15h20-15h40

Dan L Dumitrascu, Cristina Pojoga, Cluj. Quality of life in chronic liver disease: the effect of interferon

15h40-16h00

Ovidiu Popa Velea, Bucharest. Psychological factors influencing adherence in asthma

16h00-16h20

Felicia Iftene, Cluj. Psychosomatic approach in children

16h20-16h40

Bianca Andreica, Mariana Andreica, Cluj. Psychosomatic aspects of eating disorders in teenagers

16h40-17h00

Daniel David, Cluj. Biological markers of psychotherapy

17h00-17h20

**COFFEE BREAK**

### **SESSION IV**

**CHAIRPERSONS: MIRCEA MICLEA, OLIVIU PASCU**

17h20-17h40

Mircea Miclea, Cluj. Defensive mechanisms

17h40-18h00

Adriana Baban, Catrinel Craciun, Cluj: Counseling psychosomatic patients: the use of motivational interviewing to promote risk-behaviors change

18h20-18h40

Ioana Miclutia, Cluj. Sexual dysfunction in schizophrenic patients

18h40-19h00

Mihaela Stanculete, Cluj. Adjustment to illness

19h00-19h20

Eva Kallay, Adriana Baban, Cluj. Negative affectivity in cancer patients and the effects of expressive writing

19h20-19h40

Laurentiu Nedelcu, Brasov. The placebo effect

19h40-20h00

**TAKE HOME MESSAGE**