



# IMPLEMENTING THE PSYCHOSOMATIC PARADIGM IN EAST EUROPE: FROM LOCAL LECTURES TO REGIONAL NETWORKS

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- optional courses of PM for medical students in Bucharest and Cluj
- courses of Health psychology and Clinical Psychology in Faculties of Psychology





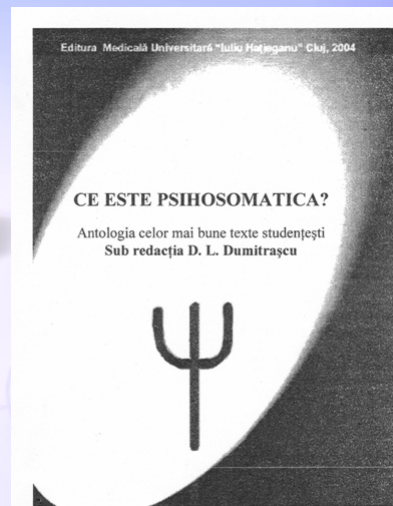
- Optional courses for medical students since 2003
- In Romanian and English
- First year for the students 4-5<sup>th</sup> year
- Later for students 3<sup>rd</sup> year



Iuliu Napoca - vedere generală  
Iuliu Napoca - general view



## Anthology of students' opinions on PM

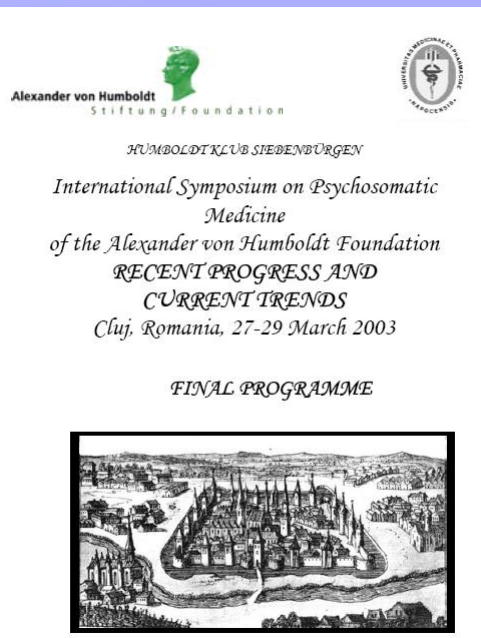




- Postgraduate courses for residents, GPs, internists, etc.
- Lectures at congresses, i.e. symposium on PM at the Romanian Congress of Internal medicine Târgu-Mureş 2004
- CME lectures

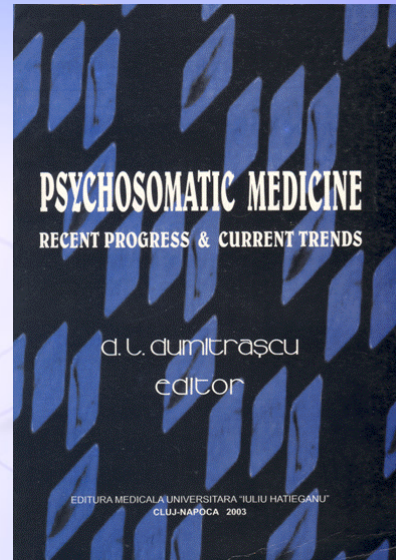


- International Symposium of Psychosomatic Medicine March 2003
  - keynote speakers Tatjana Sivik and Paul Enck
  - several regional contributors





## Proceedings of this meeting:



## Continuation:

- International Symposium of Neurogastroenterology Braşov 22-25 Sept. 2005
- Keynote speakers:
  - Douglas Drossman,
  - Paul Enck,
  - HJ Krammer et al

### INTERNATIONAL SYMPOSIUM OF NEUROGASTROENTEROLOGY

Braşov  
September 22-25, 2005



#### ORGANIZERS:

"Alexander von Humboldt" Foundation Bonn  
University of Medicine and Pharmacy "Iuliu Hatieganu" Cluj  
University "Transylvania" Braşov  
Humboldt Club Transylvania  
In collaboration with:  
- V. TARUS RoAgencies and  
- British Medical Journal, Romanian Edition

*President of the symposium:* Dan L. DUMITRASCU  
*General Secretary of the symposium:* Laurentiu NEDELCU

#### Scientific committee:

Monica ACALOVSCI  
Marius BOJITA  
Alin CUCU  
Douglas DROSSMAN  
Paul ENCK  
Mircea GRIGORESCU  
Oliviu PASCU  
Mariana RADOI  
Manfred SINGER  
Catalin VASILESCU  
[Martin WIENBECK]

#### Organizing committee:

Costel BURCA  
Liliana DAVID  
Dinu I DUMITRASCU  
Dan GHEBAN  
Geta MIRON  
Cristina POJOGA  
Daniel PURCARU  
Valentin TARUS  
Sebastian TOMA  
Mirela SERBANOIU  
Mihai TURCANU  
Alexandru KERESTESZ  
Loredana STAN  
Alexandru UNGUREANU

#### SCIENTIFIC PROGRAMME

September 22<sup>nd</sup>, 2005

17.00  
Opening with organ concert in the Black Church, Braşov  
19.00





- CEEPUS NETWORK OF PSYCHOSOMATIC MEDICINE
  - RO128: 2003-2005
  - CEEPUS II: RO 016: 2005-
- Participating centers:
  - Cluj, Braşov, Szeged, Kecskemet, Zagreb, Rijeka, Graz, Warsaw, Stara Zagora, Sofia



- Cooperation in the frame of other international meetings:
  - i.e. European Conference on Psychosomatic Research Berlin 2004 (Prof. Detter)
  - a symposium on IBS : Dumitraşcu, Enck, Fukudo
  - 2 meetings on medical communication and one workshop Cluj 2003, Braşov 2004 with Ghislain Devroede, Sherbrooke



## Perspective:

- Joint degree on PM in the frame of the CEEPUS network
- Courses with the Institute of Psychosomatic medicine



## Conclusion

- Psychosomatic medicine is unlike in Germany a paradigm, not a medical specialty!
- Shall we develop it as a new medical specialty?
- Cooperation essential!

