

Meeting of the European Network of Psychosomatic Medicine
Hosted by the Deutsches Kollegium für Psychosomatische Medizin
Berlin, 2005 July 8-9th

TEACHING PEDIATRIC PSYCHOSOMATICS IN THE FAMILY DOCTORS EDUCATION

Krystyna J. Dropowa MD.
Polish-American Institute of Pediatrics
Medical College, Jagiellonian University
ul. Wielicka 265, 30-663 Kraków, Poland

PSYCHOSOMATIC ASPECTS OF THE PEDIATRICS IN FAMILY DOCTOR EDUCATION

In psychophysical development of child
teacher underlines:

- the greater susceptibility phases
- multifactor influences of biological, social and emotional background on the genesis of psychosomatic symptom in children

**PSYCHOSOMATIC ASPECTS OF THE PEDIATRICS
IN FAMILY DOCTOR EDUCATION**

Neurology

- emphasizing the role of family in symptom formation
- special problems: nightmares and headache management

Nephrology

- treatment of functional disturbances
- special problems: toileting training and family therapy in enuresis, encopresis and constipation

**PSYCHOSOMATIC ASPECTS OF THE PEDIATRICS
IN FAMILY DOCTOR EDUCATION**

Gastroenterology

- complementarity of pharmaco- and psychotherapy
- special problems:
refluxes/ inflammation/ ulcers of gastro-interstinal tract
eating disorders as originated in childhood

What is to be learned by the family doctor trainees through attending the psychosomatic procedures ?

What is to be learned in psychosocial niveau (within the scope of psychosomatic interview) ?

- establishment of a contact with the child patient
- assessment of the child's physical and psychical development
- social adjustment of the child
- significance of the symptom
- school and behavioral problems
- family relations (genogram)
- assessment of family development' phase
- establishing the conflict spheres

What is to be learned in medical niveau ?

- physical examination and check up
- planning additional tests
- medical specialist' consultations
- diagnosis formation

What is to be learned ?

Making plans related to:

- pharmacotherapy and diet
- psychotherapy
- psychoeducation

Observation and analysis of the therapeutic sessions

Case study demonstration and analysis